

TEMPE INTERNATIONAL TRIATHLON

Thank you for entering the Tempe International Triathlon and Triathlon Club Championships. This email will function as your confirmation that we have received your entry as well as provide you with information about the event.

If you want to switch from sprint to Olympic or vice versa, you may do so prior to May 14 without charge. After May 14 the switch can only be made at registration and a \$25 fee will be assessed. Please email jhgrinder@gmail.com if you wish to switch races.

AGE GROUP RULE: Please be aware of USAT's age group rule. Your race age for the year is your age on December 31 of that year. For example, if you turn 40 in September, you are racing in the 40-44 age group for the entire year – including the Tempe International Triathlon. Please check to make sure you have entered the correct race age. If you have not, notify us and we will be happy to make the correction. No corrections will be made on race day or after the race and athletes racing under an incorrect age or in a wave not corresponding with their age group will be disqualified.

BIKE CHECK IN:

All bikes must be checked on Saturday, May 16 between 12:00pm and 6:00pm.

We will have security for your bikes overnight.

Please bring only your bike! Do not leave your pump, helmet, bike shoes, transition bag, etc. Bring all your race stuff with you on race morning!

If you positively cannot make it on Saturday due to work commitments or travel commitments please email jhgrinder@gmail.com and you will be emailed a pass for bike check in and packet pick up on race morning.

Why are we doing this! We have an early start and want to get started right on time. We need to clear the transition area promptly at 6:20am and by racking bikes the day before we greatly speed up the process of clearing the transition area.

Landis Cyclery: will be at registration all day on Saturday and will be selling anything and everything to do with triathlon. Plan on spending some time at Landis, and our other fine vendors, and find out what is new and exciting in the triathlon world.

EMAIL: Please email jhgrinder@gmail.com with any questions about the race. Because we will be at the race site starting on May 14, we will not be answering any emails from 5:00pm on May 14 until after the race.

MAPS: We will NOT be printing maps up to put in each individual packet. If you need a map, please print one from the website. Maps will be posted at registration.

Macayo's AWARDS CEREMONY: Join your fellow athletes at Macayo's at 1:00pm on race day for the Macayo's Awards Ceremony. Feast on great Mexican food and cold beverages in the cool patio at Macayo's Depot Cantina.

TRANSITION AREA RULES:

1. No riding your bike at any time in the transition area.
2. No spectators, friends or family in the transition area at any time. Please ask your friends and family to respect this as it is only fair to those racing.
3. Transition area closes at 6:20am and all athletes must clear the transition at that time.
4. Bikes must be racked on bike racks. All bikes leaning on the fence or on the ground will be removed and racked (please note that USAT refs can DQ you for this).
5. We have 1500 athletes racing on May 17th. There will be plenty of room for bikes and race gear. We do not have room for the kitchen sink, refrigerators, spas and all the other amazing stuff that athletes think they can't live without. Accordingly, only race gear and one transition bag will be allowed in the transition area. This will be strictly enforced so plan accordingly.
6. Bike racks are designed for 7 bikes per rack. If your transition area is taking up too much space you will be asked to consolidate.

Bike racks will be numbered. Please rack your bikes in the racks corresponding with your race number.

MAY 16: REGISTRATION - PACKET PICK UP – EXPO

No race day registration.

No race day packet pick up unless prior arrangements have been made with Tucson Racing. Email jhgrinder@gmail.com to make arrangements for packet pick up if you cannot make it on May 16.

If you are a USAT annual member you must bring your USAT card and ID to packet pick up or will be charged the USAT one day fee. This is a USAT rule. NO EXCEPTIONS!

Saturday Registration & Expo

May 16, Noon to 6:00pm

TEMPE BEACH PARK
Mill Ave. and Rio Salado
Tempe

Pre-Race Meetings

May 16 - 1:30pm, 3:00pm and 4:00pm

MAY 17: RACE DAY

Transition Area Opens	4:45am
Transition Area Closes	6:20am
Race Start	6:30am
Awards Ceremony	1:00pm, Macayo's Depot Cantina

WET SUIT RULING WILL BE MADE ON RACE DAY!!!! We do not know if wetsuits will be allowed. If you email to ask us about whether wetsuits will be allowed we will email back and tell you we do not know if wetsuits will be allowed. We are bound by USA Triathlon rules per our sanction with USA Triathlon. The rules state that the water must be 78.0 and below for wetsuits to be allowed. We have no way of predicting what the water temperature will be on May 17. For up to the minute information about lake water temperature go to

<http://www.tempe.gov/wx/townlake.aspx>

1. The transition is in Tempe Beach Park. Entry and exit into Tempe Town Lake is via stairs near the transition area. Tempe prohibits swimming except for special events. Please do not swim in the lake before the triathlon as the park rangers have been known to ticket swimmers.
2. The Sprint Triathlon will go off promptly at 6:30am. After we have started all waves of the Sprint Triathlon, the Olympic Triathlon waves will start. This might seem counterintuitive, to start the longer race second, but if we start the sprint triathlon first we can get the majority of the sprint bikers off the course before the Olympic bikers start the bike leg. This will dramatically lessen congestion on the bike course, resulting in a safer and faster course. Please note that, no matter when your wave starts, you are required to clear the transition area by 6:20am.
3. Parking – There is plenty of parking in downtown Tempe. We do not have any special area set aside for parking.
4. Maps are posted on the website.
5. Landis Cyclery will be on hand for minor tweaks and adjustments for your bike both at registration and on race day. They will also have many different items for sale if you forget something, including CO2 cartridges for those flying in.
6. Please be aware of the new USAT age group rule. You race the whole year as of your age on December 31 of that year. In other words, if you turn 40 in September, you are racing in the 40-44 age group for the entire year.
7. Arizona does not “spring ahead” an hour for daylight savings time. On race day, May 18, Arizona is on Pacific Standard Time, the same time as Los Angeles, California. For athletes coming from out of state, please adjust your clocks accordingly.

9. If you are a member of a triathlon club, please see tucsonracing.com for the club rules. Entrants to the Arizona Club Championship will be posted on the website the week before the race and will be posted at registration. Please check to see if your club affiliation is correct! Once registration closes on May 16, no changes to the club list will be made.

Jonathan Grinder
Race Director
Tempe International Triathlon