

COVID 19 SAFETY PROTOCOL – HAVASU TRIATHLON

***PLEASE NOTE THAT THIS PROTOCOL IS SUBJECT TO CHANGE.
PLEASE REVIEW FREQUENTLY***

A. Basic Safety Protocols

- a. Health information sheet will be emailed to all participants with guidelines to self assess symptoms and exposure to COVID 19.
- b. Masks must be worn pursuant to the following:
 - i. At all times while at an event venue unless competing
 - ii. In the transition area (see below)
 - iii. After the event (see below)
- c. Social distance protocols will be observed at all times, whether indoors or outdoors. Athletes are asked not to congregate before or after the race.
- d. The Havasu Triathlon is attempting to be a contactless race. All pre-race meetings will be virtual, volunteers will be placed where strategically needed and packet pick up will not take place in the traditional manner (see below).

B. Athlete Responsibility

- a. We are trying to reduce contact and make this an event that is safe for athletes, staff, volunteers and the community. As such, we will not have lots of volunteers on the course, we will not be handing you water at an aid station, and you are responsible for knowing the course, start times, etc. We therefore strongly encourage you to review materials and videos sent to you or posted online, drive the course, check the website frequently and review online maps.
- b. Closely monitor your health 14 days leading up the event. Review the health information sheet. Do not come to the event if feeling ill
- c. Wear masks at all times pursuant to Havasu Triathlon, local, state and CDC protocols except while competing. Please note that the race criteria might be more strict and that you are expected to follow Havasu Triathlon protocols.
- d. Maintain social distancing at all times
- e. Do not shake hands, high five, fist bump, etc. over the course of the weekend
- f. Sanitize hands whenever possible. While we have limited supplies we suggest you bring your own for the competition venue.

- g. Do not share equipment
- h. Do not share water bottles
- i. Understand that athletes with an underlying health condition or over 65 may be at the race. Please respect that and wear masks to protect everybody.
- j. Online pre-registration only. There is NO race day registration and no race registration at packet pick up.
- k. Upon finishing, athletes will flow through the chute to receive finisher medal and proceed directly to the transition area where you will collect your gear and depart the event. Note that each event may have its own start and/or finish protocols. Athletes are responsible for being familiar with the event they are competing in.

C. ALL EVENT MASK POLICY

- a. Bring your own mask.
- b. All athletes are REQUIRED to wear a mask while at any event venue, whether indoors or outdoors. The mask requirement includes previewing the venue the day before and any activity after the race. This includes the transition at both event venues (Beach Park and Windsor 4).
- c. You will be required to “mask up” as you approach the venue and keep a mask on at all times except while warming up or competing.
- d. As you leave the transition area to prepare for the start there will be a disposable mask included in your race materials. Swap out your personal mask for the disposable mask and wear it to your race start. Right before your race start take your mask off and dispose of it in the receptacle provided.
- e. At the finish there will be disposable masks. As you exit the finish chute please grab and put on a mask.
- f. PLEASE UNDERSTAND THAT OUR MASK POLICY IS FOR EVERYBODY’S SAFETY, FROM STAFF AND VOLUNTEERS TO ATHLETES. THIS MASK POLICY IS NON-NEGOTIABLE. YOU WILL BE ASKED TO LEAVE THE VENUE AND/OR DISQUALIFIED IF YOU DO NOT FOLLOW THE HAVASU TRIATHLON MASK PROTOCOLS. IF YOU FEEL THAT MASKS ARE SOMEHOW A “FREEDOM” ISSUE THEN PLEASE DO NOT ATTEND THE EVENT.

D. Check In and Pre-Race Meetings

- a. All meetings done virtually via pre-recorded youtube videos. Links will be posted on www.tucsonracing.com
- b. No pre-race check in. Athlete materials, numbers, etc. will be at transition area
- c. You will receive a pre-race email with your race information and race number. If your race information is incorrect, please respond to the email with your correct information.

- d. Using the race number emailed to you, proceed to your assigned rack where you will find all necessary materials to race. Your tshirt will be at the finish line when you finish.
- e. Athletes will have to show USAT card and ID when entering transition.

E. Event (s)

- a. All starts will be a “time trial” start with one athlete starting at time, separated by 10 feet. Draft Legal events will be started with 8-10 people at a time, 6 feet apart at the start line. Start times, location and protocol will be posted separately.
- b. No aid on the bike
- c. Run aid stations will be self-serve, water will not be handed to the athletes.
- d. We have not formulated our spectator policy. That will be posted on a separate information sheet.
- e. Mask are to be worn by ALL persons in the event venue.
- f. Venue will be constructed to be flow through (athletes/staff/spectators all moving in one direction) as much as is practical.
- g. Transition areas will be constructed to maximize social distancing.
- h. No food will be served post-race. If possible, there may be pre-packaged snack food.
- i. Bike racks will be sanitized between events.
- j. Hand sanitizer will be available at the porta-potties and other key/high touch areas.

D. Finish

- a. No volunteers at the finish line, however medical will be present.
- b. Athletes will complete finish procedure (remove chip, grab water, etc.) without assistance.
- c. Athletes must complete their way through the finish chute as fast as possible to clear the area for the next athlete.
- d. No mingling after the race.

E. Results/Awards

- a. We may have a socially distanced Award Ceremony or some kind of Awards Announcement at the finish line. We are still reviewing how that might happen.
- b. Athletes can pick up their award on a self-serve basis.
- c. No results available at the venue, online only. The link will be provided